

4 PROJECTS AWARDED AT THE ORPEA EXCELLENCE AWARDS 2021 3 TEAMS RECEIVE THE "1,000 SMILES" AWARD

Puteaux, 1st December 2021

The ORPEA Group, expert in the care of all types of frailty (nursing homes, rehabilitation and mental health clinics, assisted living and home care), announced yesterday, 30th of November, the winners of its **7th ORPEA Excellence Awards**, which each year reward the Group's teams that have submitted a project in the categories of "**Research**", "**Clinical Ethics**" and "**Care Innovation**".

The ceremony also provided an opportunity to present the "1,000 Smiles" trophies, which recognize the original initiatives implemented in the Group's facilities in 2021 to mobilize and unite teams and strengthen ties.

For 2021, the ORPEA Excellence Awards were chosen from among **44 projects** carried out by teams in **12 countries**. This strong mobilization reflects the dynamic of innovation and research that drives the Group's teams in favor of the dignity and well-being of residents and patients.

On this occasion, Yves le Masne, Chief Executive Officer of the Group, underlines "Once again, this edition of the ORPEA Excellence Awards bears witness to the exceptional mobilization of our teams throughout the world. All the projects received and studied by ISEC, the Group's International Scientific and Ethical Council, show a constant desire to progress and to imagine new ways of providing care. This is a state of mind that we welcome because it is the essence of our Group. I would like to take this opportunity to thank all our teams for their outstanding work."

The projects rewarded by the ORPEA Excellence Awards are

Research" category:

ORPEA in Germany - "Virtual reality applications to reduce social isolation and loneliness".

A virtual reality approach was developed and evaluated by the teams to reduce the social isolation of residents in the facilities.

Category "Clinical Ethics":

ORPEA in China for Xin Nian / Belief (Xianlin, International Care Center, Nanjin)

While the Covid health crisis hit China hard, the facility's team remained fully committed to the residents by deciding to confine themselves to their places of employment for over 35 days. This initiative demonstrates team spirit, solidarity and a deep



understanding of professional ethics in the care sector, and is a testimony of the Group's values.

"Care Innovation" category: (2 ex-aequo)

ORPEA in Poland for "Resident to Resident - let me help you around" (ORPEA Residence Antonina, Piaseczno)

For the admission of new residents, the facility has set up a mentoring system with existing residents. This adds to the usual integration through the staff. Having a "guardian angel" as a reference helps new residents to adapt more quickly to their new daily life and their new environment. This contributes to a good mood, openness to others and facilitates participation in social activities.

ORPEA in Spain for the intervention with visually impaired elderly people by means of adaptations in care homes (ORPEA Residence Malaga)

This project is aimed at residents with cognitive impairment and visual gnosias (difficulty in recognizing objects). These residents sometimes have difficulty recognizing glasses, plates or cutlery, which can interfere with their proper hydration or independent eating. The teams of the facility have worked on the contrast of the colors of the utensils and cutlery with the table and the food (light blue plates, dark grey glasses and cutlery with red handles) which allows a greater visual recognition and the improvement of the residents' nutrition.

"1,000 Smiles" Awards

This ceremony was also the occasion to present the "1,000 Smiles" Awards. These awards recognize the original initiatives implemented in the facilities to bring smiles, energy and optimism to residents, patients and employees throughout this special year.

51 nominations were submitted by teams from **14 countries**. A jury of seven employees from different Group functions selected the winners based on criteria of originality, impact, reproducibility and the extra effort required to implement them. In view of the quality and diversity of the initiatives, the jury awarded three prizes:

The 1st prize went to Spain and to the Mirasierra Residence in Madrid thanks to its project "Song in sign language".

All the teams of the facility as well as the residents learned during several weeks the sign language to interpret all together a song, on the occasion of the National Day of the Deaf People.



The 2nd prize was awarded to France and the Aquitaine Regional Office for its Photobooth project. All the facilities in the region were equipped with Polaroid cameras and invited to send their best photos of teams and residents to a regional jury.

The **3rd prize was awarded to Italy for its Health Challenge project** dedicated to all employees of the facilities and head office. Thanks to an application, employees are invited to change their behavior and practice more physical exercise through the implementation of challenges. For each new employee registered on the platform, a tree is planted. In total, at the time of project submission, the application had recorded 47,000,000 steps, 23,000 kilometers traveled and 237 trees planted!

About ORPEA (www.orpea-corp.com)

Founded in 1989, ORPEA is one of the major world leaders in comprehensive long-term care, with a network of 1156 facilities comprising 116,514 beds (26,359 of which are under construction) across 23 countries, which are divided into five geographical regions:

- France Benelux: 586 facilities/49,207 beds (5672 of which are under construction)
- Central Europe: 268 facilities/28,419 beds (5828 of which are under construction)
- Eastern Europe: 142 facilities/15,255 beds (4101 of which are under construction)
- Iberian Peninsula/Latin America: 158 facilities/23,108 beds (10,373 of which are under construction)
- Rest of the world: 2 facilities/525 beds (385 of which are under construction)

ORPEA is listed on Europext Paris (ISIN code: FR0000184798) and is a member of the SBF 120, STOXX 600 Europe, MSCI Small Cap Europe and CAC Mid 60 indices.

Corporate Communication ORPEA GROUP

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Steve Grobet EVP Communication and Investor Relations s.grobet@orpea.net Laurence Heilbronn Tél. : 06 89 87 61 37 Iheibronn@image7.fr

Relations Médias

Charlotte Le Barbier Tél. : 06 78 37 27 60 <u>clebarbier@image7.fr</u>